

REGIONAL VS METRO

WHAT'S THE BEST FIT FOR MY ATHLETE?



REGIONAL

Tournament Season
January- Late April/Mid May

Tournament Breakdown
3-4 Travel Events
5-6 Local Events

Practices
2 Weekday Practices
1 Weekend Practice

**Great for athletes
wanting to travel a few
weekends and have a
longer season!**

METRO I

Tournament Season
January- Mid March

Tournament Breakdown
5-6 Local Events
All 1-Day Tournaments

Practices
2 Weekday Practices

**Great for
spring/summer athletes
who participate in
track, tennis, softball!**

METRO II

Tournament Season
April- Mid May

Tournament Breakdown
3-4 Local Events
1- Day/2 Day Tournaments

Practices
2 Weekday Practices

**Great for winter athletes
who participate in
basketball, swimming,
gymnastics!**

Our Metro team level (formerly Non-Travel) will run in two separate sessions each with a separate tryout.

The **Metro I** session will follow a traditional fall tryout and season structure concluding before most Spring Breaks in mid-March.

The **Metro II** session will hold tryouts on March 30th with practices beginning April 2nd.

Metro I players are welcomed and encouraged to tryout again and participate in Metro II along with new players.